

How to get a health insurance (RAMQ) card for a child aged 17 or under born outside Québec if neither parent has a RAMQ card

IMPORTANT: If your child is already covered by the Interim Federal Health Program (IFHP), **you should not** register them with the Régie de l'assurance maladie du Québec (RAMQ).

STEP 1

Gather the documents required for registration.



You will need two forms of proof: They must both be in PDF or JPG format. They must be in French or English.

- Proof of your child's identity (birth certificate or passport).
- Proof that you intend to stay in Québec for more than 6 months:
 - Authorization of entry for more than 6 months (permit, refugee protection identity document (RPID), etc.).
 - You can call RAMQ at 1-800-561-9749 to ask what other documents are accepted (e.g., proof of school attendance for more than 6 months).

If you do not have two forms of proof:



1. Complete Form 4489 – Sworn Statement – Presence in Québec and Identification of a Child. Only sign Form 4489 when you are in the presence of a commissioner of oaths.



2. Make an appointment to sign the form. To find a commissioner of oaths, [click here](#).



STEP 2

Complete the health insurance registration form.



Complete the [online health insurance registration form](#).

- You must fill out this form in a single session, as it cannot be saved and completed later. If you cannot complete the form online, please call RAMQ.



STEP 3

After 1 to 2 months, you will receive a letter from the Régie de l'assurance maladie (RAMQ) informing you of its decision.

If RAMQ **approves your application**:

1. You will receive your child's health insurance card later.
2. Keep the decision letter (eligibility letter) in a safe place for reimbursements.

If RAMQ **declines your application**:

1. You will have to pay for your child's health care.
2. Call RAMQ at the following number to find out why the application was denied: 1-800-561-9749.



If your child needs health care.



Call 811 and choose option 3 to find the right health service for your child.

- The recommended vaccines are free for your child, whether or not the child has a health insurance card.



Your child's medical care is free if you present their health insurance eligibility letter or their valid health insurance card.

- Renew the card before its expiry date by calling RAMQ.
- Show your child's health insurance card at the pharmacy when picking up medication.



Your child's health care may be billed to you if:

- You have not yet received your child's RAMQ eligibility letter.
- You have not received your child's RAMQ card or their RAMQ card has expired.
- Your application for health insurance for your child is denied.

If you have to pay for health care:

- You can call RAMQ at 1-800-561-9749 to check the status of your child's file and get an attestation of registration.
- Keep all invoices and receipts. Be sure to request a receipt even if you pay in cash.
- You can make a payment arrangement with the hospital's accounting department.

You would like to request a reimbursement for the medical expenses you have paid.

You must have the eligibility letter with the start date of your child's RAMQ coverage, as well as all invoices and receipts.

- **Fees paid to doctors:**

Use [this form](#) to request reimbursement for care received since the start date of your child's health insurance coverage.



- **Fees paid at a clinic or hospital:** Call the clinic or hospital or go to the accounting department with your child's health insurance eligibility letter.
- **Medication costs:** Go to the pharmacy to ask for reimbursement.

To get help.

- Ask a community organization or the CLSC for help, or call 211.
- Call the hospital and ask to speak to the user committee (e.g., if your child has been denied care). This will not impact your immigration application. These are confidential services.
- The professional supporting you can find more information on the following page: [Équipe de proximité Périnatalité, enfance, familles et communautés | Direction régionale de santé publique de Montréal](#)

This tool has been translated into several languages.