

# Dear Members of the Community

The fourth wave of COVID-19 has arrived in Montreal and the Delta variant is here as well.

As health care workers who have cared for many of you and who are concerned for the wellbeing of the community

**we are urging all community members ages 12 and up to get vaccinated against COVID-19 as soon as possible.**

- The vaccine is very safe and extremely effective in preventing severe illness and death.
- **Young, healthy individuals should be immunized to help prevent the spread of the virus to the more vulnerable and immunocompromised people.**
- However, older individuals and those with weaker immune systems remain at risk even if vaccinated as their immune system may not develop the full immunity required especially against the new “variants” like the delta that is now Montreal as well.
- To prevent the development of newer and more dangerous variants it is necessary for more than 90% of people to be vaccinated.
- **Younger people are getting seriously ill with the Delta variant of COVID 19, in jurisdictions in the USA pediatric intensive care units are full of children sick with COVID-19.**
- Everyone should be aware that many of the people that survive acute COVID-19 infection have prolonged and sometimes serious lingering illness, referred to as “long COVID”.

**The Covid-19 vaccines, offered in Canada, have undergone rigorous testing and clinical trials and it has been administered to hundreds of millions of people worldwide already.**

**The mRNA vaccines have been proven to be safe and effective, even against the delta variant. The vaccine has been determined to be safe for women of childbearing age as well, and it is this special population that is strongly encouraged to vaccinate, as it is especially at risk of developing complications, affecting mom and baby should Covid-19.**

**We also strongly encourage all 12 and older especially the 12 to 17-year-olds to get**

**vaccinated as this age group commonly hangs out in large groups for extended periods of time which are known factors for spreading the virus.**

If you have a medical condition or have any concerns regarding the vaccine, **we encourage you to consult your primary care physician whom you trust with all your other medical decisions, and who knows your medical history and can best respond to concerns and guide your care.**

In addition to the critical importance of all being vaccinated we want to also remind all to follow public health recommendations as to distancing, masking, handwashing, as well as to more limited indoor congregating.

Of note recent research has also added that inadequate indoor ventilation as a risk for COVID-19 acquisition.

Thank you

## Pediatricians and Family Doctors

**Dr. Dovber (Berel) Kremer**  
HERZCEL CLINIC - Jewish General Hospital

**Dr. Irving Schonfeld**  
Montreal Pediatrician

**Dr. Mayer Zaklos**  
Private Practice Outremont

**Dr. Moses Levin**  
Family Physician at Tosh Clinic

**Dr. Alex Guttman**  
Emergency Medicine Jewish General Hospital

**Dr. Avraham Levy**  
Kildare Clinic

**Dr. Barbara Hayton**  
Assistant Professor of Psychiatry and Family Medicine at McGill University.

**Dr. Betty Zylbergold**  
Montreal Pediatrician

**Dr. Charles Amar**  
Emergency medicine JTH

**Dr. Earl (Yitzhak) B. Edelstein**  
Family Physician

**Dr. Eli Segal**  
Emergency Department Jewish General Hospital

**Dr. Fanny Hersson-Edery**  
Family Medicine Residency program director Family Medicine Accoucheur at the Jewish General Hospital

**Dr. Gerald Van Gorp**  
Family physician at The Montreal Center for Health and Care Refuah V'chesed

**Dr. Hugo Viladevall**  
Emergency medicine/ICU at St Mary's Hospital

**Dr. Jeremy Cohen**  
Family physician at The Montreal Center for Health and Care Refuah V'chesed / elne

**Dr. John Lewis**  
Emergency Department at St. Mary's Hospital and Family physician at The Montreal Center for Health and Care Refuah V'chesed

**Dr. Matthew Teetaert**  
Family physician at The Montreal Center for Health and Care Refuah V'chesed

**Dr. Michael Bouhadana**  
Family medicine/pain management - Refuah V'chesed / Jewish General Hospital in Montreal consultant in palliative and pain care

**Dr. Michael Kalin**  
Family Physician at Sante Kildare

**Dr. Peter Steinmetz**  
Family physician, Medical director at The Montreal Center for Health & Care refuah vchesed

**Dr. Resa Rosenberg**  
Tiny Tots Pediatric

**Dr. Steven Herskovitz**  
Emergency Medicine St Mary's Hospital

**Dr. Susan Fox**  
Hematology and Internal Medicine at Rosmount Masoneve Hospital

## OB/GYN

**Dr. Dora Shiff**  
Family Medicine, Obstetrics at Jewish General Hospital

**Dr. Jacques Balayla**  
OB/GYN CLINIC CDN

**Dr. Jill Cracower**  
Family Physician and Maternal-Child Health doctor at Sant? Kildare

**Dr. Judy Hagshi**  
Family Medicine, Obstetrics at Jewish General Hospital

**Dr. Perle Feldman**  
Family physician, Obstetrics specialist, Refuah V'chesed, Associate Professor of Family Medicine at McGill University.

**Dr. Robbie Shear**  
Director of Obstetrics & Obstetrical Ultrasound, Jewish General Hospital Assistant Program Director McGill OB/GYN Residency Program

**Dr. Stephanie Klam**  
Director of Maternal-Fetal Medicine, Obstetrician-Gynecologist Jewish General Hospital

**Dr. Cleve Ziegler**  
Obstetrics, and Gynecology JGH/ELNE

## Infectious Diseases

**Dr. Andre Dascal**  
Infectious Diseases- Jewish General Hospital

**Dr. Earl Rubin**  
Pediatric Infectious Diseases Specialist and Medical Microbiologist - Chief of infectious disease Montreal Children's Hospital

**Dr. Gerasimos J Zaharatos**  
Assistant Professor of Medicine, Chief, Division of Medical Microbiology, Division of Infectious Diseases, Jewish General Hospital

**Dr. Karl Weiss**  
Infectious Diseases- Jewish General Hospital

**Dr. Leighanne Olivia Parkes**  
Infectious Diseases- Jewish General Hospital

**Dr. Ling Yuan Kong**  
Infectious Diseases- Jewish General Hospital

**Dr. Matthew Thomas Oughton**  
Infectious Diseases- Jewish General Hospital

**Dr. Christina Greenaway**  
Infectious Diseases- Jewish General Hospital

**Dr. Albert Cohen**  
Director of the Division of Gastroenterology at the Sir Mortimer B. Davis- Jewish General Hospital

## Internal Medicine

**Dr. Thierry Benaroch**  
Division Head, MCH, Pediatric Orthopaedics, Associate Professor of Surgery McGill University

**Dr. David Donath**  
Chief, Brachytherapy Service Centre Hospitalier de l'Université de Montreal

**Dr. David zucker**  
Chief of the Department of Orthopaedic Surgery at the Jewish General Hospital

**Dr. Deny Laporta**  
ICU Jewish General Hospital

**Dr. Emmanuel Moss**  
Cardiac thoracic surgery, Jewish General Hospital

**Dr. Gad Friedman**  
member of the Division of Gastroenterology of the Jewish General Hospital and Associate Professor at McGill University

**Dr. Gerald Batist**  
Chief of Oncology - Jewish General Hospital

**Dr. Gershon Frisch**  
Sir Mortimer B Davis Jewish General Hospital

**Dr. Hyman Schipper**  
Professor of Neurology and Medicine (Geriatrics) at McGill University, staff neurologist at the JGH

**Dr. Jaffry Segal**  
Internal medicine St. Mary's Hospital

**Dr. Kelly Grzywacz**  
Gastroenterologist, Pediatric, CHU Sainte-Justin children's hospital

**Dr. Mark Palayew**  
Pulmonologist at Jewish General Hospital. Co-Director of Jewish General Hospital's Tuberculosis Clinic

**Dr. Michel de Marchie**  
Intensive Care Unit Jewish General Hospital

**Dr. Richard Payne**  
Thyroid Cancer Surgeon, ENT specialist at Jewish General Hospital

**Dr. Ron Olivenstein**  
Chief chest institute Montreal

**Dr. Ronald Schondorf**  
Director of Neurophysiology SMBD Jewish General Hospital

**Dr. Sarit Assouline**  
Physician, Division of Hematology, Jewish General Hospital. Senior Investigator, Lady Davis Institute for Medical Research.

## Intensive Care

**Dr. Baruch Toledano**  
Chief of pediatric ICU in the CHU Sainte-Justin children's hospital

**Dr. Paul Warshawsky**  
Chief of the ICU Department Jewish General Hospital

**Dr. Daniel Murphy**  
Coordonnateur medical local - Jeanne Mance. Chef du departement de medecine generale CIUSSS Centre-Sud-de-l'Ile-de-Montreal