Recent evolution and effects of healthcare coverage exclusion of undocumented immigrants in Spain

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Healthcare coverage of undocumented immigrants: recent evolution in Spain

Spanish National Health System (NHS)

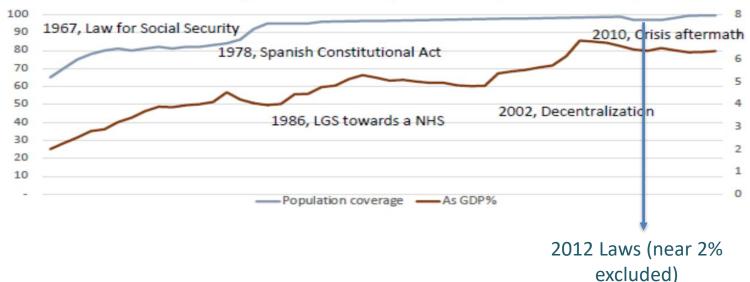
- Universal coverage
- Tax funded
- Free at the point of care (except pharmaceutical copayments)
- Mostly provided by public owned organizations
- Fully decentralized to the Regions since 2002
- In 2000, Act 4/2000 granted full access to health services regardless of nationality and legal status. The only prerequisite for non-Spaniards to receive the same health services as the native population was to register as a resident of a municipality.

Healthcare coverage of undocumented immigrants: recent evolution in Spain (2)



More than 90% of coverage when the 1986 Reform was issued. Effort was made on the extension of the basket of benefits, the development of primary care and expansion of high-tech services

Public coverage vs. Public expenditure (1970 to 2019)



Healthcare coverage of undocumented immigrants: 2012 Laws

Spain excluded a large proportion of undocumented immigrants from basic public healthcare in 2012. [Return to Universal Coverage in 2018]

Spanish government passed Royal Decree-Law 16/2012 (RDL) aimed at containing public expenditure in response to the economic crisis.

This Law redefined just who would be entitled to public healthcare. As a result, for undocumented immigrants access only was granted under particular circumstances:

- emergency care,
- maternal care,
- children under 18,
- asylum seekers and
- victims of human trafficking.

Reasons behind the healthcare coverage exclusion (2012 Laws)

<u>Context:</u> 2008 **financial and economic crisis**. Countries such as Ireland, Greece, **Spain** and Portugal, adopted rather **stringent austerity policies**.

Spain's 2012 Laws aimed primarily at **controlling public health expenditure** by cutting benefit packages, and reducing the percentage of population covered.

Undocumented immigrants: visa "over-stayers", those who have lost resident status, rejected asylum seekers, and individuals who have entered the country illegally.

Although the government sought to justify this measure on **economic grounds**, **no estimation of savings or economic implications was presented**.

Effects of the healthcare coverage exclusion (RDL 16/2012)

It has been estimated that approximately **870,000 people have been excluded** (including approximately **500,000 undocumented immigrants**).

More than **5.000 cases** (registered by REDER) in which the situations of minimum care established by the law have not been fully respected.

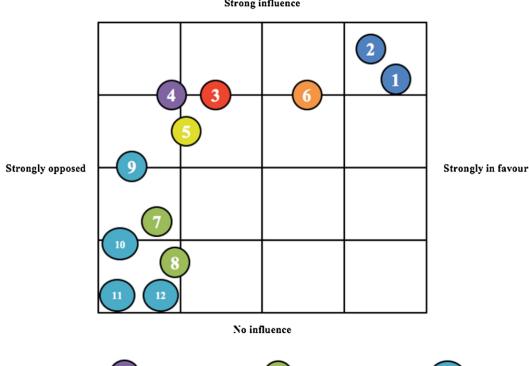
Strong opposition from NGOs, scientific societies and political parties.

Unequal regional implementation: 12 out of the 17 Regions passed specific legislation to mitigate the impact of the national law. This regional legislation has acted as a **counterweight** and thus contained the negative health effects in this population subgroup.

Surprisingly, five Regions governed by the same political party as that elected to central government devised alternative legislation.

Strong opposition from NGOs, scientific societies and political parties







Unequal regional implementation



" ... just imagine the enormous complexity of navigating this system for an immigrant who changes their residency from one region to another"

Cimas M, Gullon P, Aguilera E, Meyer S, Freire JM, Perez-Gomez B, Healthcare coverage for undocumented migrants in Spain: Regional differences after Royal Decree Law 16/2012, Health Policy (2016)

Urtaran-Laresgoiti M, Fonseca Peso J, Nuño-Solinís R. Solidarity against healthcare access restrictions on undocumented immigrants in Spain: the REDER case study. Int J Equity Health. 2019 Jun 6;18(1):82. doi: 10.1186/s12939-019-0971-9.

REDER network

REDER emerged as a **civil movement** to address the restrictive measures applied and as a solidarity initiative to defend the right to healthcare of groups in irregular situations.

REDER is formed by the **Spanish Society of Family and Community Medicine**, **Doctors of the World**, and 300+ civil and professional organizations.

The **conscientious objection movement** was a first step for REDER.

"It has been able to reach more than 480 conscientious objectors only in Madrid, most of them were primary care doctors".

The **registry of cases** in which the situations of minimum care established by the law have not been fully respected, comprises a core element of the network.

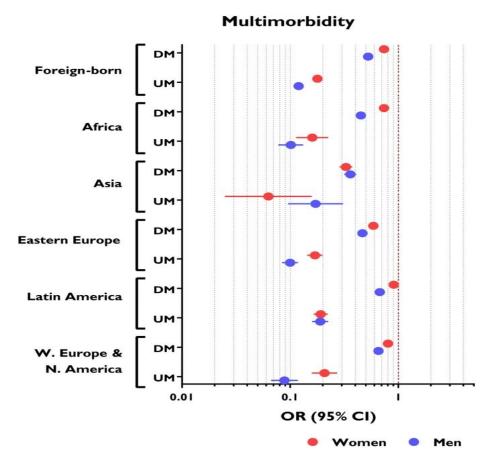
"Even people not legally excluded stopped going to healthcare centres or emergency rooms because of fear of being denied care or asked to pay for their care".



REDER website:

https://reder162012.org/

Health status of undocumented migrants, beyond the myths



The prevalence of chronic disease and multimorbidity is lower in UMs as compared with both DMs and Spanish nationals.

Gimeno-Feliu, L.A., Pastor-Sanz, M., Poblador-Plou, B. et al. Multimorbidity and chronic diseases among undocumented migrants: evidence to contradict the myths. Int J Equity Health 19, 113 (2020).

Health and Economic impact: costs and utilization (1)

Lack of economic evaluation: to date, the Spanish Ministry of Health has yet to publish any figures regarding the savings made from applying the RDL directives to undocumented immigrants.

Utilization decreased: GP visits were reduced by 8.1%, specialist visits dropped by 25.7%, and hospital visits plummeted by 36.4%.

Not significant changes in emergency visits (with the exception of large metropolitan areas).

Jiménez-Rubio D, Vall Castelló J. Limiting health-care access to undocumented immigrants: A wise option? Health Econ. 2020 Aug;29(8):878-890. doi: 10.1002/hec.4115. Epub 2020 Jun 11.

A. Juanmartí, G. Lopez-Casasnovas, J. Vall. The deadly effects of losing health insurance. CRES-UPF Working Paper #201804-104 Universitat Pompeu Fabra (2018)

Health and Economic impact: costs and utilization (2)

Restricting access to primary care for this population subgroup have led to **reduced** access to preventive services.

It is considered that easily treatable conditions progressed until people presented as emergencies, as well as increasing the risk of spread of untreated infections and antimicrobial resistance.

For example, the exclusion of **undocumented immigrants with HIV** from primary care and the **lack of access to antiretroviral treatment** result in medical interventions taking place at a more advanced and costly stages of the disease.

Transaction costs increased: administrative costs of dealing with private insurance, invoicing, etc exacerbated by not adequate staff training and adapted information systems

Jiménez-Rubio D, Vall Castelló J. Limiting health-care access to undocumented immigrants: A wise option? Health Econ. 2020 Aug;29(8):878-890. doi: 10.1002/hec.4115. Epub 2020 Jun 11.

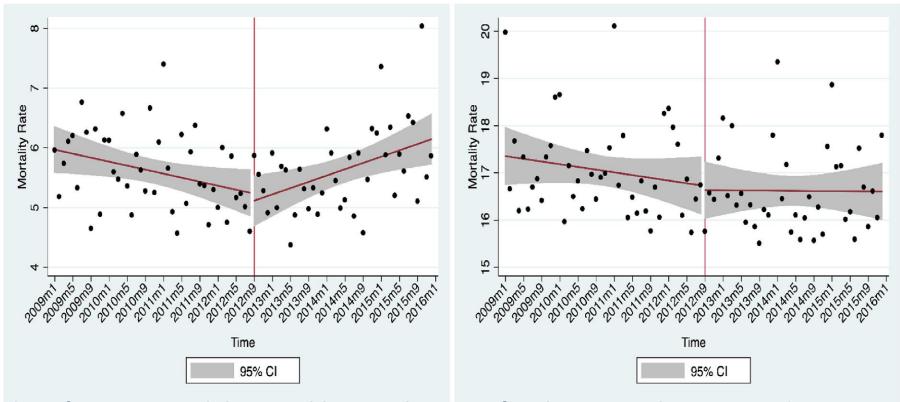
Deblonde J, Sasse A, Del Amo J, et al. Restricted access to antiretroviral treatment for undocumented migrants: a bottle neck to control the HIV epidemic in the EU/EEA. BMC Public Health. 2015;15:1228. Published 2015 Dec 10. doi:10.1186/s12889-015-2571-y

A. Juanmartí, G. Lopez-Casasnovas, J. Vall. The deadly effects of losing health insurance. CRES-UPF Working Paper #201804-104 Universitat Pompeu Fabra (2018)

Health and Economic impact: increased mortality

(A) NATIONALITIES WITH % OF UNDOCUMENTED > 0

(B) NATIONALITIES WITH % OF UNDOCUMENTED = 0



The reform increased the monthly mortality rate of undocumented immigrants by 0.31 deaths per 100,000 persons during its first four years of implementation. It corresponds to 82 additional deaths per year.

This effect is much higher for deaths considered amenable to health care.

Juanmarti Mestres, Arnau & López Casasnovas, Guillem & Vall Castelló, Judit, 2021. "The deadly effects of losing health insurance," European Economic Review, Elsevier, vol. 131(C).

Evidence-based policy making?

Healthcare is not universal if undocumented migrants are excluded

Leadership/governance

- Conflicting policy goals between ministries responsible for health, immigration, and human resources
- Legislation is not migrant inclusive

Healthcare financing

- · Eligibility and enrolment in health insurance schemes
- Cross border health and social insurance schemes
- Migrant ability to pay when not enrolled in health insurance schemes

Service delivery

- Language skills or interpreter availability
- Essential health packages for migrants regardless of documentation status
- Proximity and accessibility of services (eg, mobile units)

Factors affecting migrant use of health systems: barriers and opportunities

Health workforce

Professional norms

- Discriminatory treatment and perceived "deservingness"
- Cultural competence of staff treating migrant patients (training)

Information and research

- Data collection systems disaggregated by migrant status • Availability of essential
- Availability of databases on migrant health

Medical products and technologies

medicines and technologies for migrant patients

Migrants' healthcare seeking behaviour

- Perceived health needs
- Existing health knowledge and practices including self treatment
- Perceived "deservingness" for services
- Age, gender, culture, education, or language Knowledge, information on health insurance enrolment and accessing care
 - Legal status and possession of documents
 - Fear of arrest or deportation
 - Freedom of movement

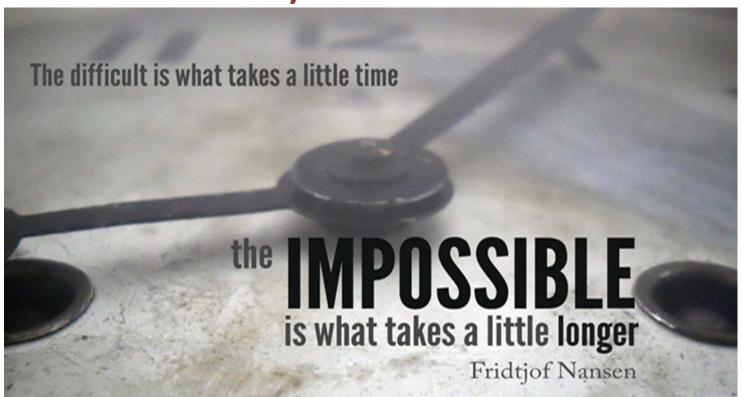
Legido-Quigley H, Pocock N, Tan S T, Pajin L, Suphanchaimat R, Wickramage K et al. Healthcare is not universal if undocumented migrants are excluded BMJ 2019; 366 :l4160 doi:10.1136/bmj.l4160

Conclusions

- ✓ Limiting health-care access to undocumented immigrants does not seem to be a wise health policy option, at least in the Spanish context.
- ✓ Healthcare exclusion increases inequalities (in health, in access...).
- ✓ Rigorous economic assessment is needed (ex ante and ex post)
- ✓ Moral, humanistic, healthcare organization, public health and economic arguments against exclusion.

Nobody is safe until everyone is safe.

Thank you so much!



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